



PSHE Curriculum – SCARF

Dear Parents/Carers,

As we approach the end of the school year, each class will be teaching the Growing and Changing unit in PSHE, from within the SCARF Programme in which we follow. This will take place during the last half term. As a school, everything we teach is statutory, set by the Department for Education within the Government, and we teach no aspects of sex education, which is not compulsory for primary schools.

The aspect we do teach about is the growing and changing body and changes which children can expect in the upcoming months/ years. Every child is completely different in terms of body development and we take full account of this. Of course everything is taught at an age appropriate level and like previously stated, is the compulsory aspect of Relationships and Health Education (which falls under the umbrella of PSHE). The Relationships Policy is still available on our school website for further reference.

Biological terms will be used for body parts, rather than 'slang' and the main idea behind this, is to safeguard children, as well as teaching them the correct scientific term. Again, these terms have been carefully thought through and used at an age-appropriate level.

Please find below the units that will be covered for your children's year groups next half term. Like previously stated, we **will not** be teaching any aspects of sex education or human reproduction, it will be what to expect when you grow and change at an age appropriate level.

If you have any questions, please don't hesitate to ask your child's class teacher.

Finally, we firmly believe these subjects are so important to learn about and it will help to safeguard all children, and reduce the chance of finding any wrong/misleading information online.

Thank you for taking the time to read this letter.

Kind Regards,

Mr Backhouse

PSHE Lead

	6 Growing and Changing
EYFS	Cycles Life stages Girls and boys – similarities and difference
Y1	Getting help Becoming independent My body parts Taking care of self and others
Y2	Life cycles Dealing with loss Being supportive Growing and changing Privacy
Y3	Relationships Changing bodies and puberty Keeping safe Safe and unsafe secrets
Y4	Body changes during puberty Managing difficult feelings Relationships including marriage
Y5	Managing difficult feelings Managing change How my feelings help keeping safe Getting help
Y6	Coping with changes Keeping safe Body Image Self-esteem